



The Spa
by Sheena



POST CARE
ELECTROLYSIS

POST CARE

- Wait at least 30 minutes before applying makeup or heavy products to the treated area – 24 hours is recommended.
- Resume your normal skincare routine the following morning.
- Keep the treated area clean and avoid touching, scratching, or picking at any small pinpoint bumps that may form.

DOWNTIME

- Treated areas may be bumpy, red, and swollen after treatment for up to 1 day.

RESTRICTIONS

- Avoid sweating, strenuous exercise, saunas, soaking in a bath, hot tub, or pool for 24 hours following treatment.
- Avoid all active skincare ingredients in the treated area – including AHAs, BHAs, retinols, and exfoliating products for 24 hours.

FOLLOW UP

- Treatments are recommended every 2–4 weeks, or as often as hair growth occurs.

WHEN TO CALL THE SPA

- Signs of infection at follicle sites – increasing redness, warmth, pus, or drainage.
- Small scabs or crusts that persist beyond 7 days or show signs of irritation.
- Severe or worsening swelling. Pain that is intensifying rather than improving.



Tea Tree
Prep Lotion



Hydrinity Hyacinth
Active Mist



Hydrinity
Restorative HA

FOR OPTIMAL RESULTS, PAIR YOUR TREATMENT WITH THESE PRODUCTS